



	not at all	a bit	neither a bit nor a lot	a lot	completely
1. When I make a mistake at work, I tell others about it in order that they do not make the same mistake.	1	2	3	4	5
2. After I have made a mistake, I think about it how it came about.	1	2	3	4	5
3. If I cannot rectify an error by myself, I turn to my colleagues.	1	2	3	4	5
4. Mistakes assist me to improve my work.	1	2	3	4	5
5. I often think: "How could I have prevented this?"	1	2	3	4	5
6. I find it stressful when I err.	1	2	3	4	5
7. If something goes wrong at work, I think it over carefully.	1	2	3	4	5
8. When I have made a mistake, I know immediately how to rectify it.	1	2	3	4	5
9. If I cannot manage to correct a mistake, I can rely on others.	1	2	3	4	5
10. After a mistake has happened, I think long and hard about how to correct it.	1	2	3	4	5
11. Why mention a mistake when it isn't obvious?	1	2	3	4	5
12. When I have done something wrong, I ask others, how I should do it better.	1	2	3	4	5
13. If one wants to achieve at work, one has to risk making mistakes.	1	2	3	4	5
14. Mistakes provide useful information for me to carry out my work.	1	2	3	4	5
15. When I do something wrong at work, I correct it immediately.	1	2	3	4	5

	1	2	3	4	5
16. If it is at all possible to correct a mistake, then I usually know how to go about it.	1	2	3	4	5
17. My mistakes help me to improve my work.	1	2	3	4	5
	not at all	a bit	neither a bit nor a lot	a lot	completely
18. When a mistake occurs, I analyse it thoroughly.	1	2	3	4	5
19. I don't let go of the goal, although I may make mistakes.	1	2	3	4	5
20. In carrying out my task, the likelihood of errors is high.	1	2	3	4	5
21. It is disadvantageous to make one's mistakes public.	1	2	3	4	5
22. I do not find it useful to discuss my mistakes.	1	2	3	4	5
23. It can be useful to cover up mistakes.	1	2	3	4	5
24. Whenever I start some piece of work, I am aware that mistakes occur.	1	2	3	4	5
25. I am often afraid of making mistakes.	1	2	3	4	5
26. It is better to take the risk of making mistakes than to "sit on one's behind".	1	2	3	4	5
27. To get on with my work, I gladly put up with things that can go wrong.	1	2	3	4	5
28. Most of the time I am not astonished about my mistakes because I expected them.	1	2	3	4	5
29. My mistakes have helped me to improve my work.	1	2	3	4	5
30. I anticipate mistakes happening in my work.	1	2	3	4	5

31. I'd prefer to err, than to do nothing at all.	1	2	3	4	5
32. I feel embarrassed when I make an error.	1	2	3	4	5
33. I rather keep my mistakes to myself.	1	2	3	4	5
34. Employees who admit to their errors, make a big mistake.	1	2	3	4	5
35. I expect that something will go wrong from time to time.	1	2	3	4	5
36. If I make a mistake at work, I "lose my cool" and become angry.	1	2	3	4	5
	not at all	a bit	neither a bit nor a lot	a lot	completely
37. While working I am concerned that I could do something wrong.	1	2	3	4	5
38. While answering this questionnaire I've thought about mistakes in the following areas:					
a).....					
b).....					
c).....					
39. I feel smart when I do something without making errors.	1	2	3	4	5
40. When I fail to complete a difficult task, I plan to try harder the next time I work on it.	1	2	3	4	5
41. I like to work on tasks that I have done well in the past.	1	2	3	4	5
42. I'm happiest at work when I perform tasks on which I know that I won't make any errors.	1	2	3	4	5
43. The opportunity to do challenging work is important to me.	1	2	3	4	5

44. I feel smart when I can do something better than most other people.	1	2	3	4	5
45. I do my best when I work on a fairly difficult task.	1	2	3	4	5
46. When I have difficulty solving a, I enjoy trying different approaches to see which one will work.	1	2	3	4	5
47. The things I enjoy the most are the things I do the best.	1	2	3	4	5
48. I prefer to do things that I can do well rather than things that I do poorly.	1	2	3	4	5
49. I prefer to work on tasks that force me to learn new things.	1	2	3	4	5
50. The opinions others have about how well I can do certain things are important to me.	1	2	3	4	5
51. I try hard to improve my past performance.	1	2	3	4	5
	not at all	a bit	neither a bit nor a lot	a lot	completely
52. The opportunity to learn new things is important to me.	1	2	3	4	5
53. I like to be fairly confident that I can successfully perform a task before I attempt it.	1	2	3	4	5
54. The opportunity to extend the range of my abilities is important to me.	1	2	3	4	5

57. Vividly imagine that, due to a large drop in sales, it is rumored that several people in your department at work will be laid off. Your supervisor has turned in an evaluation of your work for the past year. The decision about lay-offs has been made and will be announced in several days. Which of the following would you do? Check **all** of the statements that might apply to you.

- I would talk to my fellow workers to see if they knew anything about what the supervisor's evaluation of me said.
- I would review the list of duties for my present job and try to figure out if I had fulfilled them all.
- I would go to the movies to take my mind off things
- I would try to remember any arguments or disagreements I might have had with the supervisor that would have lowered his opinion of me.
- I would push all thoughts of being laid off out of my mind.
- I would tell my spouse that I'd rather not discuss my chances of being laid off.
- I would try to think which employees in my department the supervisor might have thought had done the worst job.
- I would continue doing my work as if nothing special was happening.

58. Vividly imagine that you are on an airplane, thirty minutes from your destination, when the plane unexpectedly goes into a deep dive and then suddenly levels off. After a short time, the pilot announces that nothing is wrong, although the rest of the ride may be rough. You, however, are not convinced that all is well. Which of the following would you do? Check **all** of the statements that might apply to you.

- I would carefully read the information provided about safety features in the plane and make sure I knew where the emergency exits were.
- I would make small talk with the passenger beside me.
- I would watch the end of the movie, even if I had seen it before.
- I would call for the stewardess and ask her exactly what the problem was.
- I would order a drink or tranquilizer from the stewardess.
- I would listen carefully to the engines for usual noises and would watch the crew to see if their behaviour was out of the ordinary.
- I would talk to the passenger beside me about what might be wrong.
- I would settle down and read a book or magazine or write a letter.

Age .....

Sex .....

Do you have work experience? yes/no

Do you currently have a job? yes/no

If you are a student, which subject area do you study? .....

**Thank you very much!**